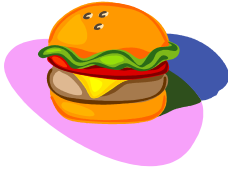


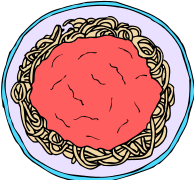








AUTUMN/WINTER MENU 2018

WEEK ONE	WEEK TWO	WEEK THREE	WEEK FOUR
<p>MONDAY Sweet & Sour Chicken with Rice. Hunters Wrap.</p>	<p>MONDAY Roast Chicken with seasonal Vegetables. Cheese & Onion Lattice.</p>		<p>MONDAY Chicken in a Bun. Cheese Omelettes.</p>
		<p>MONDAY Beef Burgers. Pasta Bake.</p>	<p>TUESDAY Meatballs & Pasta. Mexican Wrap.</p>
<p>TUESDAY Meatballs & Spaghetti. Fish Fingers in a Bun.</p>	<p>TUESDAY Chicken in a Bun. Cheese Omelettes.</p>	<p>TUESDAY Sausage Casserole with Seasonal Vegetables. Fish Fingers in a Bun.</p>	<p>WEDNESDAY Roast Beef with Seasonal Vegetables. Cheese & Onion Lattice.</p>
<p>WEDNESDAY Roast beef with Seasonal Vegetables. Pasta Bake.</p>		<p>WEDNESDAY Selection of Beef Burgers. Cheese & Onion Lattice.</p>	
<p>THURSDAY Chicken Casserole in large Yorkshire Pudding with Seasonal Vegetables. Beef Chilli & Rice.</p>	<p>WEDNESDAY Spaghetti Bolognese. Hunters Wrap.</p>		<p>THURSDAY Lasagne with Garlic Bread or Naan. Sweet & Sour Beef Noodles.</p>
<p>FRIDAY Fish, Chips & Peas. Cheese Omelettes</p>		<p>THURSDAY Roast Chicken with Seasonal Vegetables. Cheese Omelettes.</p>	<p>FRIDAY Sweet Chilli Chicken Wrap. Vegetable Stir Fry.</p>
	<p>THURSDAY Chicken Curry & Rice. Filled Jackets.</p>		
<p>FRIDAY Lasagne & Garlic Bread or Salad. Chicken Stir Fry.</p>	<p>FRIDAY Steak & Ale Pie with Seasonal Vegetables. Filled Jackets.</p>	<p>FRIDAY Veggie & Meat Pizza, Jacket Potato with Various Fillings and Pasta Spirals with Generous Toppings all served daily.</p>	<p>FRIDAY Veggie & Meat Pizza, Jacket Potato with Various Fillings and Pasta Spirals with Generous Toppings all served daily.</p>